Your Private *Affirmation Collection*

21 PRINTABLE AFFIRMATION CARDS

Hello, lovely!

I've created these 21 affirmation cards to help you develop confidence, appreciate your individuality, and enjoy exploring your femininity in whatever way feels right for you.

Each card offers a positive statement that you can incorporate into your daily routine. Whether you're just beginning to explore your femininity or have been embracing it for years, I hope these affirmations encourage you to appreciate the wonderful person you are today.

HOW TO PRINT YOUR CARDS

1. 
   Print all four pages on standard 8.5 × 11-inch paper. Cardstock is recommended for a more durable finish.
2. 
   In your printer settings, select Actual Size or 100%. Do not use "Fit to Page."
3. 
   Carefully cut along the outer edges of each card.
4. 
   You'll have 21 beautiful affirmation cards ready to use!

WAYS TO USE YOUR CARDS



DAILY INSPIRATION

Choose a card each morning and read its affirmation aloud. Take a moment to consider what those words mean to you.



KEEP THEM VISIBLE

Place your favorite cards on your mirror, keep one beside your computer, or carry one with you as a personal reminder.



RETURN TO THEM OFTEN

Try choosing a different card each day, or spend several days with an affirmation that feels particularly meaningful.



MAKE THEM YOUR OWN

Use these cards in a way that feels good for you and fits your personal journey.

Your femininity belongs to you,

AND YOU DESERVE TO EXPLORE IT WITH CONFIDENCE AND KINDNESS.

With love,

Amy Erickson

PositiveFeminization.com

Explore femininity your way.

I RECOGNIZE MY

beauty

AND
APPRECIATE MY
INDIVIDUALITY

I WELCOME
POSITIVE

experiences

THAT ENCOURAGE
MY FEMININE
CONFIDENCE

I AM

confident

IN MY FEMININE
EXPRESSION

I EMBRACE

change

AS A NATURAL
PART OF MY
JOURNEY

I APPRECIATE

who I am

AND THE PERSON
I AM
BECOMING

I DESERVE

kindness

FROM MYSELF
AND OTHERS

I AM

at ease

IN MY
AUTHENTIC
SELF

I AM

proud

OF WHO
I AM TODAY

I CHOOSE

confidence

IN EVERY
STEP I TAKE

I AM

becoming

MORE ME
EACH DAY

I FEEL

safe

EXPLORING
ALL OF
MY FEMININITY

I ATTRACT

support

FROM PEOPLE
WHO RESPECT
THE REAL ME

I APPRECIATE THE

qualities

THAT MAKE ME
UNIQUELY
FEMININE

MY CONFIDENCE

grows

AS I BECOME
MORE
COMFORTABLE
WITH MYSELF

I WELCOME

opportunities

TO EXPRESS MY
AUTHENTIC
PERSONALITY

MY FEMINITY IS A

beautiful

NATURAL
EXPRESSION OF
WHO I AM

MY FEMINITY

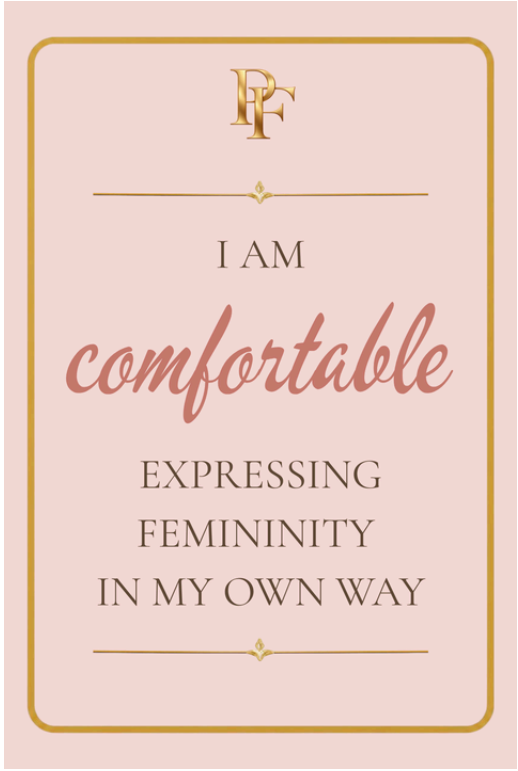
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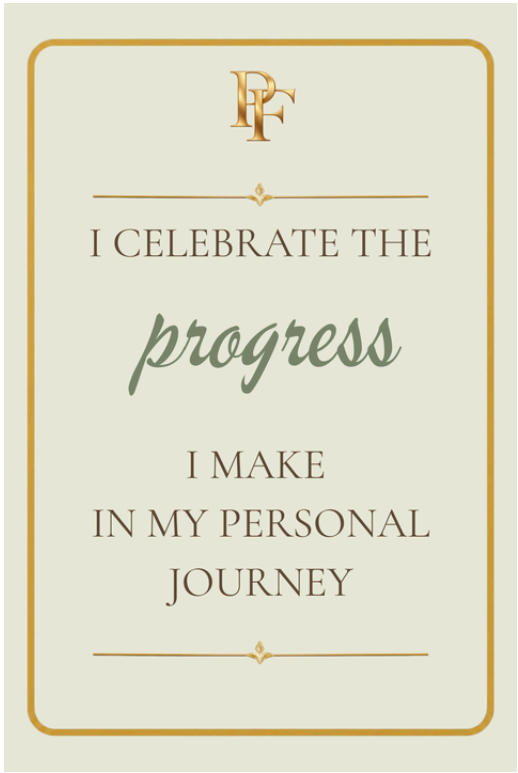
OF LOVE AND
RESPECT

I TRUST

my feelings

AS I EXPLORE MY
FEMININITY


I AM
comfortable
EXPRESSING
FEMININITY
IN MY OWN WAY


I CELEBRATE THE
progress
I MAKE
IN MY PERSONAL
JOURNEY